

SCEP CENTRE Society (Regina)

Early Intervention
and Training Services

1968 - 2022



Annual Report 2021-2022

Presented November 22, 2022

The Logo of SCEP CENTRE Society (Regina)

The official logo of the SCEP CENTRE Society (Regina) consists of two stylized figures in solid blue colour on a white background edged by a fine blue line.

The frame with rounded corners represents the safe environment at SCEP CENTRE. Inside the frame a child seeks to reach an adult. The adult makes herself available at the child's level. Adult and child communicate with outstretched hands.

The logo is the property of the Society.

Elisabeth P. Brandt, Ph.D.

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TRIBUTE TO SCEP'S FOUNDER & PAST EXECUTIVE DIRECTOR

DR. ELISABETH H. PASZTOR BRANDT, PH.D., SOM - 1922 – 1999 - Dr. Brandt, a Speech Language Pathologist and an expert in communication disorders, is best known for her role in designing and establishing SCEP CENTRE, Regina's first, early intervention, therapeutic day program for children with complex needs in communication and socialization and their families. In 1968 she served as the first program director of SCEP, then as a Consultant and Board member for the next 30 years. She pioneered a unique and holistic way of dealing with the communication and behaviour problems of young children which is considered to have been far in advance of its time. Her impact on the lives of young children and their families was immeasurable.

Elisabeth's contributions to Regina, Saskatchewan and Canada were recognized and honoured when she was named a YWCA Woman of Distinction, a Soroptimist International Woman of Distinction in Education, was the winner of the United Way of Regina's President's Medal, when she was given an award by the Regina Members of the Canadian Association for Young Children and especially when she was honored through induction into the Saskatchewan Order of Merit by the Lieutenant Governor of Saskatchewan. In 1999 she was further honoured with a life membership in the Saskatchewan Association of Speech-Language Pathologists and Audiologists. Dr. Brandt's legacy of a more understanding way of helping children, as best expressed at SCEP CENTRE, continues to better the lives of young children and their families.

PATRICIA B. CLARK, B.A., M.ED., R.S.W. - Pat was the first staff member to work in SCEP CENTRE's specialized therapeutic preschool program for children with communication and behaviour problems and became the Executive Director of SCEP CENTRE in 1982.

Pat was trained by Dr. Elisabeth P. Brandt, Ph.D, who designed and established SCEP CENTRE's philosophy and program. Over the years, Pat worked tirelessly to ensure the program's survival and growth as a small community-based organization in spite of huge funding challenges and other obstacles. Under Pat's leadership SCEP received professional respect and strong community support. SCEP CENTRE is recognized for its work with children with complex needs and their families, the sophistication and simplicity of its approaches and training of others in SCEP methods.

Pat believed that work with a child's family and other supports was paramount for a child's development and progress. She worked directly with some families and otherwise monitored, consulted and advised SCEP staff in this area.

Pat's belief in the SCEP program was the source of her dedication to, and self-sacrifice for, the continued success of "the little program that could". Pat retired from SCEP CENTRE (after 50+ years) in the fall of 2019 and she was honoured for her years of service at a retirement celebration on November 25, 2019.

VISION

SCEP CENTRE Early Intervention & Training Services helps vulnerable young children and their families develop their full potential in a safe and supportive environment.

MISSION STATEMENT

SCEP CENTRE is an intensive early intervention preschool program supporting the development of children with complex needs and offering guidance and support for their parents.

STATEMENT OF VALUES

Respectful
Confidential
Quality of Service
Professional Training
Holistic
Honest Communication
Non-Judgmental
Responsive

Adopted: October 23, 2009

BOARD OF DIRECTORS 2021-2022

| | |
|-------------|---|
| President: | Bob Juby |
| Treasurer: | Barb Krause-Snow |
| Secretary: | Whitney Blaisdell |
| Director: | Alison Kimbley |
| Director: | Emily Armer |
| Director: | Leigh McKnight |
| Director: | Jason Kotyk (resigned mid-year) |
| Director: | Kerrie Hammett |
| Director: | Mark Cameron (resigned mid-year) |
| Director: | Anna Pham |
| Director: | Denise Morris |
| Ex-officio: | Tracy Exner, R.P.N. Shauna Forbes B.A. (Hons), B.S.W.; R.S.W. |

SCEP CENTRE STAFF MEMBERS DURING 2021-2022

Tracy Exner R.P.N. and Shauna Forbes, B.A. (Hons); B.S.W.; R.S.W.
Executive Directors

Program Staff Team:

| | |
|----------------------------|-------------------------------------|
| Michel Klewchuk | Interim Parent Services Coordinator |
| Jessica Lavallee, B.A. | On Leave |
| Shelby Maki, B.S.W., R.S.W | Senior Professional Staff |
| Amanda Caskanette, ECE | Professional Staff |
| Michaela Perron, R.P.N, | Professional Staff |
| Tandy Tutossi-White, B.A. | Professional Staff |
| Carla Creeley | Indigenous Advocate |
| Charlotte Harding, B.Ed. | Teacher Therapist |
| Bob Preston | Driver |
| Hope Robertson | Program Assistant |
| Camila Collantes | Program Assistant |
| Briana Pettigrew | Program Assistant |

Coming Together Growing Together (CTGT), Collaborative Program with Eagle Heart Centre:

| | |
|--------------------------------|-------------------------------|
| Janice Benwell, B.S.W.; R.S.W. | Coming Together Program Staff |
| Landa Kinequon, B.A. | Coming Together Program Staff |

Administrative Staff Team:

| | |
|---------------------|--------------------------|
| Brenda Lang | Financial Administration |
| Navneet Kaur Sandhu | Administrative Assistant |

Professional Consultants:

| | |
|-----------------------------------|-----------------------------|
| Melanie McDonald, B.M.T., M.T.A. | Music Therapist |
| Katie Zirk, M.Sc., S-LP, REG. SK. | Speech-Language Pathologist |

Summer Friends 2022 Program:

Amanda Caskanette
Chloe McEachern
Day Zwack
Jewelina Crowe-Buffalo

SCEP CENTRE Society (Regina)
Invites you to their
VIRTUAL ANNUAL GENERAL MEETING
Tuesday, November 22, 2022 beginning at 5:00 p.m.

A. BUSINESS MEETING – AGENDA

- I. Greetings & Acknowledgment
- II. Acceptance or Revision of Agenda
- III. Minutes of the Annual Meeting of November 22nd, 2021
- IV. President's Report
- V. Treasurer's Report and Presentation of the Audited Statement
 - Audited Statement - discussion and motion to accept
 - Motion to appoint the auditor for 2022-2023
 - Motion to approve membership fees for 2023-2024
- VI. Executive Directors' Report
- VII. Nominating Committee Report and Election of New Directors
- VIII. Any Other Business
- IX. Adjournment

**SCEP CENTRE Society (Regina)
ANNUAL GENERAL MEETING MINUTES
Monday, November 22nd, 2021 4:30 p.m.
SCEP CENTRE
4210 4th Avenue
Regina, Saskatchewan
S4T 0H6**

This annual general meeting was held virtually by Zoom due to the continuing risk of Covid-19 in our community.

I. Greetings - Bob Juby (president of the board) chaired the meeting. He brought the meeting to order at 4:37 p.m. and greeted everyone present at the meeting. Bob introduced special guests – Michele Nakonechni, Michael Piluk, and Jill Fauth (MSS); Shayna Stock (City of Regina) and Patricia Clark (past Executive Director of SCEP).

II. Acceptance or Revision of Agenda

Motion II.I

To accept the agenda as presented.

**Michel Klewchuk/Kerrie Hammett
CARRIED**

III. Minutes

Motion III.I

To accept the minutes of the Annual General Meeting held on November 23rd, 2020.

**Emily Armer/Barb Krause-Snow
CARRIED**

IV. President's Report

Bob Juby presented this report. It can be found on page 10 of SCEP CENTRE's Annual Report 2020-2021. Highlights of the report included:

- That SCEP through assisting children and families is supporting the whole society;
- Children have benefited from SCEP for over 50 years;
- Shauna Forbes and Tracy Exner have been excellent Executive Directors to the program especially during the pandemic;
- The SCEP staff have worked successfully through the challenges of COVID. The board has maintained careful oversight of the program;
- The SCEP program could not operate without the community support we receive;
- Bob Judy acknowledged our main funders as outlined in the report on page 10;
- Special thank-you to Regina Public Schools for allowing us to continue to share space within the Allan Blakeney Centre;
- Janice Benwell continues to do an excellent job with Coming Together Growing Together along with her partner Landa Kinequon;

- Brighter Futures for Children continues to provide us with funding for our organization. Last year's event raised over \$18,000 for our scholarship fund;
- We are grateful for the financial support we get from all our funders and fundraising events; and
- SCEP encourages the gift of language, expression, healthy pathways, relationships, and children's holistic well-being and ongoing potential.

Motion IV.I

To accept the President's Report as presented.

Emily Armer/Kerrie Hammett

CARRIED

V. Treasurer's Report and Presentation of the Audited Statement

Barb Krause-Snow presented the Treasurer's Report. Highlights include:

Thanks to Marcia Herback who has been our auditor for a number of years. Marcia has indicated that she has a high degree of confidence in our financial position and our processes. We have increased our operating reserve by \$40,000. This was a board decision from a number of months ago when we realized that we would be operating with a surplus. This is our emergency account. Our goal is to continue to build this number not at the expense of programming, but whenever it is possible and reasonable. There was an increase in our revenue from 2020-2021 of approximately \$20,000. There was also an increase of expenditures and the net result saw us go from \$59,000 surplus to a \$49,000 surplus. Barb Krause-Snow stated that the pandemic posed extra challenges. She assures members that a \$49,000 surplus is more than respectable. The board also made the decision to defer the revenue from Brighter Futures. It came so late in our scheduled year that it made more sense to defer that revenue. There were no questions from the floor that weren't clarified by Barb Krause-Snow's report.

Motion V.I

To accept the Audited Statement as presented.

Barb Krause-Snow/Michel Klewchuk

CARRIED

Motion V.II

To appoint Marcia Herback, C.A. auditor for the 2021-2022 fiscal year.

Barb Krause-Snow/Emily Armer

CARRIED

Motion V.III

To approve the SCEP membership fee of \$5 for the 2022-2023 year at SCEP.

Barb Krause-Snow/Kerrie Hammett

CARRIED

VI. Executive Directors' Report

Tracy presented the Executive Directors' Report on behalf of herself and Shauna. Highlights include that this past year has shown us some challenges but that SCEP has persevered, been flexible, creative and adaptive. Tracy gave a thank-you to the staff and consultants including Melanie McDonald, our Music Therapist and Katie Zirk, our consulting Speech Pathologist. The core program staff have remained the same, bringing many years of experience to the program. Amanda Caskanette has been an

excellent addition with her early childhood experience. One positive piece of the pandemic has been the many professional development opportunities available online. The staff have taken in many professional development opportunities including Dr. Jody Carrington's "Kids These Days", a presentation by Dr. Heather Switzer (on Autism) and a meaningful Indigenous Awareness professional development day. SCEP continues to provide support and belonging to little ones who are often deemed too difficult for many childcare centres and schools because of their developmental differences and trauma backgrounds.

Motion VI.I**Tracy Exner/Barb Krause-Snow**

To approve the Executive Directors' Report as presented.

CARRIED**VII. Nominating Committee Report**

The Nominating Committee Report was presented by Emily Armer and read by Bob Juby. Angela Kelly resigned from the board this year. Allison Kimbley remains available to the board during her maternity leave.

Motion VII.I**Emily Armer/Kerrie Hammett**

To approve the Nominating Committee Report as presented.

CARRIED

Bob Juby asked three times for nominations from the floor. No nominations were made.

VIII. Any Other Business

- Bob Juby expressed his gratitude to the staff, executive directors, and board of directors.
- Michael Piluk (MSS) thanked Bob Juby for his President's Report and Shauna and Tracy and the whole staff for doing the excellent job that they are doing. He expressed that the organization is near and dear to his heart. He thanked the board for their leadership and direction.
- Bob Juby expressed his appreciation for those attending the meeting and all those involved.
- Pat Clark expressed her gratitude to those working with SCEP and their efforts through the pandemic.

IX. Adjournment

The meeting was adjourned by Michel Klewchuk at 5:18 p.m.

PRESIDENT'S REPORT 2021-2022

"Anyone who does anything to help a child in ... life is a hero."

-Fred Rogers

A universal theme in the story of an individual, group or organization, is 'The Hero's Journey'. The elements of this journey have been identified by Joseph Campbell who discovered that all stories involve a hero who goes on an adventure, is victorious in a decisive crisis, and comes home changed or transformed.

SCEP undertook an adventure this last year with a mission of finding a permanent home for its program. What followed were moments of crisis with ensuing worry and considerable consternation. In the end, SCEP was victorious in finding a 'dream' home to work from. SCEP can look back on this adventure as essentially transformative. The universal story of man is the quest for home and SCEP has found its 'dream' home!

I begin my acknowledgments, with special thanks to SCEP's executive directors, Tracy Exner and Shauna Forbes, for successfully navigating the organization through this 'Hero's Journey' and the many moments of uncertainty and crisis. They also guided the organization through the financial challenges that have become perennial in scope. They have met the challenges well.

Thank you to the SCEP staff for successfully working through the many challenges of the past year. You have maintained your focus on delivering a quality and compassionate program amid all the uncertainties that have prevailed for so long.

Thank you to the board of directors for your careful oversight of the program. Special thanks to the board members, staff and volunteers who formed a housing committee and are working so diligently to address the housing crisis and the fundraising that will make it all worthwhile. Thank you to all of you for your generous commitment of time to SCEP. It is appreciated.

The SCEP program could not operate effectively without the many community and governmental agencies that contribute to the program with generous support. Some of the major contributors include: City of Regina, Saskatchewan Ministry of Social Services and United Way of Regina.

Some other significant financial contributors to SCEP include: Community Initiatives Fund (for complex transitions), Jordan's Principle, REACH (Regina Education and Action on Child Hunger), South Saskatchewan Community Foundation and Touchwood Hills Tribal Council.

I applaud all our funders for recognizing the importance of early childhood services. Your help enabling the program to secure stable funding is appreciated. I particularly want to thank the contributors to SCEP's capital campaign. Your generous gifts have helped SCEP secure its permanent home.

A special thank you to the Regina Public School Board for housing our program for almost half a century and contributing financially, through service fees, for all those years!

Some of the highlights and ongoing activities overseen by the board in 2022 include:

The Coming Together Growing Together Program (CTGT) - this a collaborative program between SCEP CENTRE and EAGLE HEART CENTRE. Janice Benwell is SCEP's very able representative in charge of the program. The program continues to provide effective services for children and families. Janice's partner from Eagle Heart is Landa Kinequon.

SCEP CENTRE's Summer Friends Program – this program continues as an important support for children and their families. Thank you to Community Initiatives Fund, Human Resources and Skills Development Canada, Lorne and Evelyn Johnson Foundation, and Saskatchewan Lotteries for grant funding and Saskatchewan Ministry of Social Services, Touchwood Hills Tribal Council, Jordan's Principle and Canada Life for fee funding for this initiative.

Jordan's Principle – this program, administered by the Government of Canada, provides funding for services to First Nations children and their families. The funding directed to SCEP, specifically provides for enrollment fees and transportation.

Allan Blakeney Adult Campus – special thanks to the Regina Public School Board for enabling SCEP CENTRE to share space with the Allan Blakeney Adult Campus. This space sharing has worked well over the years. We really appreciate the lead time enabling us to make a smooth transition to our new 'dream' home.

As Chair of the SCEP Board, I am grateful for all the support we receive from individuals, community and governmental organizations that help secure the future of our program. Special thanks to Knight Archer Insurance for their generous support over the years.

SCEP now has a 'dream' home and an exciting future. When we first looked at the prospective property, it was a large house. However, it did not take long to imagine this house as a potential home. And hopefully, a home is what it will be. When occupied, it will transform into a warm, safe, and secure home for its deserving clients; it will house heroes.

And all who pass through its doors will be heroes. The directors and staff are heroes for their dedication to the program. The board of directors are heroes for donating their time and talents. But most of all, our clients – the deserving children – are the biggest heroes of all. With help and support, they have journeyed through crisis and trauma to find their way home to a special place. They have undertaken the Hero's Journey and their future is much brighter.

Once again, we mark yet another year of service to vulnerable children in our community. With pride in our past accomplishments, confidence in our present-day initiatives and an abiding hope for the future, SCEP continues its work in support of children – the unsung heroes in our midst.

Respectfully submitted,

Bob Juby
President and Chair of the Board of Directors

EXECUTIVE DIRECTORS' ADMINISTRATIVE REPORT 2021-2022**A. CHILDREN/FAMILIES ENROLLED**

| Regular Program (September – June) | Number of Children | Number of Families |
|---|---------------------------|---------------------------|
| Enrollments continued from 2020-2021 | 11 | 10 |
| New enrollments in 2021-2022 | 10 | 9 |
| Total enrollments during 2021-2022 | 21 | 19 |
| Children withdrawn during 2021-2022 | 0 | 0 |

| Summer Friends Program | Number of Children | Number of Families |
|-------------------------------|---------------------------|---------------------------|
| Number of Participants | 20 | 18 |

B. SERVICES TO ENROLLED CHILDREN AND PARENTS/CAREGIVERS

| Regular Program (September - June) | |
|--|-------|
| Number of half-day attendances (2 ½ hours) scheduled | 2,434 |
| Hours of service to individual children | 6,085 |

| As part of regular enrollment the following services were provided: | Number of Occasions |
|--|----------------------------|
| Structured individual/small group pre-academic sessions for children; sessions range from 15 minutes to 1 hour in SCEP's classroom | 812 |
| Small group and/or individual sessions with consultants including Speech-Language Pathology and Music Therapy | 109 |
| *Due to the Covid-19 risk in our community we did not participate in any public excursions. | 0 |

| Summer Friends Program | |
|--|-----|
| Number of half-day attendances (2 ½ hours) scheduled | 258 |
| Hours of service to individual children | 645 |

Enrollment Fees

SCEP CENTRE staff work hard to help families obtain appropriate funding through existing funding structures but also raise funds for scholarships. The Brandt Trust Fund within the South Saskatchewan Community Foundation contributes some scholarship funding annually as does the Brighter Futures for Children Fundraiser.

Enrollment Fees Provided:

| Regular Program (September - June) | Number of Children |
|---|---------------------------|
| Ministry of Social Services | 12.5 |
| Jordan's Principle | 4.5 |
| SCEP Scholarship Fund | 2 |
| Ministry of Social Services – Meadow Lake | 1 |
| Touchwood Child & Family Services | 1 |

| Summer Friends Program | Number of Children |
|---|---------------------------|
| Ministry of Social Services | 9 |
| Jordan's Principle | 7 |
| Canada Life Reinsurance | 2 |
| Ministry of Social Services – Meadow Lake | 1 |
| Touchwood Child & Family Services | 1 |

Services to Parents Provided by Parent Services Co-ordinator:

- Telephone conferences with parent(s)/caregiver(s) 1429
- In-person conferences with parent(s)/caregiver(s) 111

Services on Behalf of Parents/Caregivers:

- Telephone conferences with other involved services/professionals 661
- Organizing and/or participating in interagency conferences with agencies/professionals. This would often include parent(s)/caregiver(s). 50

Parent Services Provided by Other Senior Program Staff:

* Senior Staff and an Executive Director may attend parent and interagency meetings together with the Parent Services Coordinator.

| Services to Parents/Caregivers: | |
|---|----|
| - Participation in in-person conferences with parent(s)/caregiver(s) and other agencies/professionals | 69 |
| - Telephone conferences with parent(s)/caregiver(s) and other agencies/professionals | 5 |

C. OUTREACH AND INTEGRATION OF SERVICES – CHILDCARE & SCHOOL**1. SCEP Enrolled Children also attending Childcare Programs 2021-22**

- 9 children attending 7 childcare facilities which included:
 - 4 Private Home Childcare Centres
 - Stepping Stones Child Care Co-op – Elphinstone Street – 2 children
 - Stepping Stones Child Care Co-op – Robinson Street – 2 children
 - Glencairn Child Care Co-op

SCEP staff support to these childcare settings may include observation of the child, general suggestions for environmental changes and method suggestions for the centre. SCEP staff may offer the professional oversight required for Enhanced Accessibility Grants.

- Staff visited childcare settings to observe/support SCEP children: **6 visits**
- Staff provided brief consultation to these childcare settings: **18 calls**

2. New referrals of children needing help in their childcare settings

SCEP provided guidance and support to childcare centre staff regarding children in their care. We offered this service as much as possible even though we were at full enrolment and received no fees for this work.

- Services to childcare centres: **5 centres**
- Number of children served: **7 children**
- Number of visits to these centres: **19 visits in regards to 7 children**
- Number of phone calls, emails or meetings (including brief consultations) to these Centres: **45 in regards to 7 children**

The five Centres visited were:

- Bright Beginnings Early Childhood Centre – Argyle Location (2 children)
- Bright Beginnings Early Childhood Centre – Regent Location (2 children)
- Prairie Lily Early Learning Centre – Sacred Heart Location
- Prairie Lily Early Learning Centre – Dempsey Location
- YMCA Harbour Landing Childcare Centre

Examples of the services in these five centres included:

- Observation of the child and direct intervention work with the child
- General suggestions for environmental changes
- Suggestions for specific methods to use in the centre
- Support for Enhanced Accessibility Grants and training/support for the intensive support workers hired for the grants, training of childcare centre staff and providing training workshops for all staff.

3. SCEP Enrolled Children also attending School Based Programs

- 3 children attended Kindergarten, 3 children attended Grade one and 1 child attended a specialized classroom in the school system in addition to

attending SCEP. Senior staff stayed in telephone contact and attended meetings with the teacher and school staff team members responsible for each child.

D. EVIDENCE OF THE NEED FOR SCEP'S SERVICES TO CHILDREN/FAMILIES

SCEP's Intake Committee sees many families each year. After an Intake Interview and observation visit with the child, a decision is then made to accept the family for enrollment or refer them elsewhere. Sometimes enrollment was delayed because of unsecured funding or because SCEP's program was full.

Referrals/Inquiries August 1, 2021 to July 31, 2022

There were a total of 53 referrals/inquiries in this period from:

- 7 - Childcare centres
- 2 - Wascana Rehabilitation Centre
- 16 - Ministry of Social Services (MSS)
- 2 - Regina Public School Board (RPSB)
- 5 - Current and previous SCEP Parent
- 8 - Website/email
- 2 - Ranch Ehrlo Program
- 1 - Child and Youth Services
- 1 - Four Directions Child and Family Services
- 1 - Come and Learn Aboriginal Headstart
- 1 - Raymond House
- 2 - Thomas' Circle of Care Home
- 1 - Regina Immigrant Women Centre
- 1 - Women's Shelter
- 1 - Open Door Society
- 1 - Catholic Family Services
- 1 - Kids First

Of the 14 cases which proceeded to an INTAKE INTERVIEW:

- 5 - Child enrolled into the program
- 5 - Children were seen to enroll Fall 2022
- 4 - Children not enrolled (no funding available)

Of the 39 cases not seen for Intake:

- | | |
|---|------------------|
| 13 - No follow up by family or referring agency | 17 - SCEP full |
| 2 - Child too old for SCEP | 2 - Inquiry only |
| 1 - Referred to Coming Together Growing Together (CTGT) Program | |
| 2 - Request for SCEP services withdrawn | 2 - Child moved |

Apprenticeship-Style Training at SCEP

E. a) Training for student volunteers and practicum students:

Staff members work with post-secondary teaching institutions to establish volunteer/practicum placements and supervise/train students using an apprenticeship-style model of training. This includes daily discussions with senior staff and conferences with institution supervisors.

| | |
|---|------|
| Number of work placement and practicum students | 3 |
| Number of student/community volunteers | 1 |
| Number of hours of attendance | 1225 |

Training was offered to:

- University of Regina Faculty of Social Work 348 - 1 Mini Practicum Placement
- Saskatchewan Polytechnic – 1 Early Childhood Education 300 student
- Saskatchewan Polytechnic – 1 Psychiatric Nursing student

We value having the benefit of the students' energy, curiosity and enthusiasm for learning. Many of the students comment on how they are able to transfer the skills they learn at SCEP into other areas of their work, school, personal and professional lives. They will certainly be able to carry these skills into their future careers.

Tracy Exner and Shelby Maki were the senior staff members primarily responsible for coordinating student placements.

b) Training of Community Members

- Shauna Forbes was asked to present a 3 hour workshop for the Provincial Aboriginal Headstart Conference, Zagime Anishinabek First Nations Headstart & Childcare Centre, and Prairie Lily Early Learning Centre (all three locations).
- Michel Klewchuk presented a workshop for the staff at Blue Turtle Rock House and also had the BTRH staff visit SCEP CENTRE several times to learn our unique methods.

F. **PROFESSIONAL DEVELOPMENT FOR SCEP STAFF:**

Staff training and development activities are on-going:

- The entire staff participated in "Understanding Childhood Trauma" presented by the Institute of Child Psychology.
- One staff participated in the online Wicahitowin Aboriginal Engagement Conference.
- Staff completed "Building Interactions, Guided by the Hanen Strategies" offered/supervised by Katie Zirk, SLP.
- Staff participated in a variety of continuing education, and self-guided learning opportunities to maintain their professional affiliations.

G. PROFESSIONAL AFFILIATIONS:

SCEP CENTRE has current affiliations with the following professional associations through membership of staff:

- Registered Psychiatric Nurses Association
- Saskatchewan Association of Social Workers
- Saskatchewan Professional Teachers Regulatory Board
- Consulting Speech Language Pathologist and Music Therapist are registered members of their professional associations

H. MAJOR PARTNERSHIPS:**Financial**

- Ministry of Social Services
- United Way Regina - Funded Partner
- City of Regina - Community Partner

Community

- SCEP CENTRE partners with Eagle Heart Centre Inc. to offer the Coming Together Growing Together Program (CTGT).
- SCEP CENTRE offers support to several childcare centres and separate and public school board school professional teams.
- The Caring Place – to offer free counselling sessions to families with children enrolled at SCEP.

I. COMMUNITY AFFILIATIONS:

- **United Way of Regina**
 - Funded Partner
 - Active participation in United Way campaign activities
 - SCEP staff fundraiser for the United Way
- **Regina & Area Early Childhood Network (RAECN)** – attend meetings as possible
- **South Saskatchewan Community Foundation** – various granting opportunities and participation in Vital Signs Community Network meetings. Participate in grant funding roundtables as requested
- **Community Initiatives Fund** – various granting opportunities
- **Jordan's Principle** – collaboration on applications for many funded children
- **City of Regina – Community Well-Being Table** – participating in monthly meetings and focus groups as possible

OUTCOMES OF THE WORK AT SCEP CENTRE

CHILD OUTCOMES – Progress on the SCE Indicators Scale 2021-2022

Prepared by Shauna Forbes, B.A. (Hons.); B.S.W., R.S.W. based on information provided by Senior Professional Staff

SCEP's Communication, Socialization and Emotional Maturity Outcomes are based on a comparison of individual children's scores on the 3-point SCE Indicators Scale at the beginning of the school year or when a child is first enrolled during the school year and at the end of the school year. The SCE Indicators Scale has been found through research (MacLennan and Switzer, 2012) to be a psychometrically valid instrument.

21 children (16 boys and 5 girls) and their families were enrolled at SCEP CENTRE in 2021/2022. The Indicator Scales were completed on all 21 children.

OUTCOMES:

19 of 21 children - (90%) - made improvements in communication skills.

2 of 21 children - (10%) - stayed at the same level in communication skills.

21 of 21 children - (100%) - made improvements in socialization.

20 of 21 children - (95%) - made improvements in emotional maturity.

1 of 21 children - (5%) - stayed at the same level in emotional maturity.

CHILD OUTCOMES – Progress on the Educational Indicators Scale 2021-2022

Prepared by Shauna Forbes B.A. (Hons), B.S.W., R.S.W. based on information provided by Charlotte Sullivan, B.Ed.

Educational Outcomes are based on a 3-point SCE Indicator Scale in three areas:

- visual-fine motor skills
- academic readiness skills (i.e., pre-writing, pre-reading, etc.)
- classroom social skills

Initial skills assessments are made by SCEP's Teacher Therapist at the beginning of the school year or when the child is ready to participate in our classroom program. The team of Professional Staff determines which children will attend class time sessions based on the age, needs and goals for each individual child. Final skill assessments are made in June each year.

We had 21 children enrolled at SCEP – however only 15 of those children were deemed appropriate (due to age and ability) to participate in SCEP's classroom program.

OUTCOMES:

All 15 class time children (11 boys and 4 girls) were assessed.

15 of 15 children - (100%) - made improvements in visual and fine motor skills.

15 of 15 children - (100%) - made improvements in academic readiness.

14 of 15 children - (93%) - made improvements in classroom social skills.

1 of 15 children - (7%) - stayed the same in visual and fine motor skills.

PARENT OUTCOMES – Interview Results 2021-2022

Prepared by Shauna Forbes, B.A. (Hons.); B.S.W., R.S.W.

Parents were invited to participate in an anonymous telephone interview to voice their opinions and concerns of their experiences at SCEP CENTRE. The questions that were asked were both quantitative and qualitative. 18 families participated in the parent survey. This parent/caregiver cluster included: birth parents; foster parents; Persons of Sufficient Interest (PSI); and staff members at group homes where several children resided.

OUTCOMES:

18 out of 18 (100%) parents found that their child's socialization skills improved.

18 out of 18 (100%) parents found their child's communication skills improved.

17 out of 18 (94%) parents found that their child was more ready to start school than he/she was before he/she attended SCEP.

1 out of 18 (6%) parents did not agree (or were unsure) that their child was more ready to start school than before attending SCEP.

18 out of 18 (100%) parents felt better able to parent their child more effectively.

16 out of 18 (89%) parents found their child was better able to participate in activities that he/she was not able to previously.

2 out of 18 (11%) parents did not see improvement (or were unsure) in their child's ability to participate in activities.

18 out of 18 (100%) parents reported having a more positive relationship with their child following his/her enrollment at SCEP.

18 out of 18 (100%) parents felt that communication with SCEP staff was helpful.

Further Comments given by Parents:

"He has gotten much better at transitioning (between locations, from activity to activity, to bedtimes, eating times, cleaning up, etc.). He is coming into his own understanding of routine and of belonging. SCEP has helped us. The biggest thing is he got kicked out of school, out of another program, and SCEP has stayed with us throughout all of it. They are the constant, consistent grown-ups in his life."

"There was all around improvement with my child. We found respectful ground to communicate better with each other. It's been a fun adventure seeing him make improvements."

"It's the best! It has helped us through so many hurdles. There are other programs out there, but only SCEP has been able to help us."

PARENT SERVICES REPORT 2021-2022

The role of the Parent Services Coordinator was busy, busy once again this year. After being a part of the children's program staff for the past thirty plus years, I was excited to change gears and help out in this role during the 2021-2022 school year. The year brought about many challenges and highlights.

The close communication (sometimes daily) with families and caregivers was sometimes a challenge to keep up with. Supporting the families, receiving homes and other agencies that are involved was a vital part of each child's enrollment at SCEP CENTRE. Families were encouraged to reach out whenever necessary. I enjoyed supporting our caregivers in any way I could.

Another challenge was finding a meeting space within the walls of SCEP for the monthly meeting that took place with each child's caregiver. With the loss of our staff/board room to the Flex Program at Allan Blakeney Adult Campus, we were forced to shuffle rooms and meeting spaces to try to accommodate the need for a quiet, confidential space to meet with our families and caregivers. As we look for our forever home, it is exciting to think about having a space that will meet these needs.

There were many highlights this year including a new partnership with The Caring Place and providing food security hampers to our families and caregivers. We had an amazing partnership with The Caring Place! They offered free counselling for any of SCEP's parents or caregivers that were interested in the service. This was a lovely opportunity to be able to offer to our families, as self-care is such an important step in the overall well-being of our families. We were also fortunate to offer our families a number of food hampers throughout the school year. As food security is a concern for many people in our community, the funds we received through the United Way's Janice Bernier Food Security Endowment Fund were put to good use!

It was my absolute pleasure to work more closely with the families, caregivers and other agencies that were involved in each child's case coordination. The parent services coordinator is just one member of the important team approach that is the foundation of the work we do at SCEP CENTRE and I am proud to be a part of the great work this team does.

Prepared by:

Michel Klewchuk
Interim Parent Services Coordinator

CLASSROOM REPORT 2021-2022

Children within the SCEP CENTRE program are continuously exposed to age appropriate learning experiences. When a SCEP child nears school age and the staff feels he or she is ready to progress to a more formalized setting, a regular class time session at SCEP CENTRE is added to the child's experience.

During the 2021-22 school year, a total of 15 children attended SCEP class time sessions. Of these fifteen children, fourteen have moved onto various classroom-type programs in the school system with one child enrolled at Head Start and starting to attend late fall of 2022. In the current 2022-23 school year, six of the fifteen children returned to SCEP for one or two half-days per week for additional support. Since the start of the 2022/23 school year, two of the returning children have moved out of Regina area and have stopped attending SCEP.

Due to the wide range of learning abilities among the children and the varied past experiences of each child, class sessions for individual and small groups are carefully prepared to help each child develop an interest in learning and address any factors that may impact his/her ability to function in a classroom. Activities experienced within the classroom included learning and practicing:

1. Beginning Academic Skills, Visual, Audio and Fine Motor Development:
 - Letters, shapes, numbers, color recognition and other basic concepts
 - Counting, matching, sorting and sequencing
 - Phonetic awareness: letter sounds, rhyming
 - Visual motor - cutting and pasting, writing and pre-writing skills
2. Skills Related to Development in Socialization
 - Co-operating with the teacher's plan
 - Participating in small group activities/turn taking and sharing
 - Following rules and limits

Prepared by:

Charlotte Harding, B.Ed.
Teacher Therapist

**There were 812 pre-academic classroom sessions in 2021/2022*

INDIGENOUS ADVOCATE'S REPORT 2021-2022

At SCEP CENTRE, we believe that it is essential for our children to share, understand, and take pride in their culture. As many of our children come from an Indigenous background, we feel it is our duty to educate ourselves and recognize the importance of Indigenous culture and history in Canada. During the 2021-2022 school year, Carla Creeley and Amanda Caskanette continued to share their knowledge about Indigenous people, history and culture through stories and crafts.

Monthly Activities & Cultural Focus:

Indigenous people have an intricate, respectful, grateful and protective tie to the land. This year we focused on the beauty of Mother Earth and all she provides for us. We learned about the animals of cultural significance. We looked at pictures, read stories, and shared the knowledge and importance of hunting, gathering and harvesting of food. We talked about the celebrations of Indigenous people and the music, clothing, protocols, and meaning of them.

We were very fortunate to receive a grant from the Smart and Caring Fund administered through the South Saskatchewan Community Foundation to enhance our resources. We purchased and displayed First Nations and Metis items of cultural significance as well as books, craft materials (i.e., deer hide, fur, etc.), games and culturally inclusive toys and early childhood resources in the playrooms. We had several ribbon skirts, shirts, and jingle dresses locally made by Indigenous crafters. We will continue to work hard to provide resources that are both developmentally appropriate and culturally significant for the children enrolled in our program.

We recognized "Orange Shirt Day: Every Child Matters" that is acknowledged annually on September 30. This event recognizes the harm done to generations of children and families by the Indian Residential Institutions. In 2022, we honoured the day by closing for the children and several staff members were also able to attend Miyo-wîciwîtowin ("We Walk Together") Day at Mosaic Stadium and a walk held by our colleagues at Eagle Heart Centre.

We will continue learning about Indigenous culture and how a holistic versus linear perspective is of great importance. SCEP's Indigenous Initiative is a beginning and a process. It encompasses all staff, children and families, for the benefit of our social viability and our awareness of and appreciation for Indigenous culture, history and language.

Prepared by:

Amanda Caskanette on behalf of
Carla Creeley
Indigenous Advocate

COMMUNITY INITIATIVES FUND TRANSITION SUPPORT 2021-2022

The **Community Initiatives Fund (CIF)** grant has allowed SCEP staff the resources to focus more intensely on transition planning. This allowed for additional support for the children and their families enrolled who were experiencing major transitions in their lives. In 2021-2022, these significant transitions included, but may not have been limited to: beginning and ending an enrollment at SCEP/CTGT; changes in school programming; help with difficulties in school; changes in family status and/or living arrangements; apprehension, visits and cancelled visits with birth families, changes in childcare arrangements; support to maintain placement in early childhood settings; preparation for appointments at other agencies; preparation for medical appointments (i.e., doctor appointments, dental appointments, medical procedures and surgeries); and support for children dealing with trauma in the home (i.e., various kinds of abuse; exposure to domestic violence, etc.).

The following transitions and methods used were noted in various categories. These stats included SCEP's Children's Program and the Coming Together Growing Together Program:

| Type of Transition | Number of Total Transitions |
|----------------------------|-----------------------------|
| School Transitions | 1046 |
| Foster Care Transitions | 177 |
| Family Transitions | 308 |
| Medical/Dental Transitions | 95 |
| Childcare Transitions | 62 |
| Other | 105 |
| TOTAL: | 1793 |

| Method Used | Total Number of Transitions by type |
|---|-------------------------------------|
| Dialogues | 573 |
| Visuals (calendars, social stories, maps) | 131 |
| Phone calls/Meetings/Other Correspondence | 215 |
| Visits (to school, daycare, medical appointments, etc.) | 874 |
| TOTAL: | 1793 |

The total number of transitions is indicative of the importance of this intense work done with all children to prepare for difficult changes in their lives. These numbers reflect the importance of good planning that is necessary for success!

Prepared by:

Shauna Forbes, B.A. (Hons); B.S.W.; R.S.W.
Executive Director

COMING TOGETHER GROWING TOGETHER REPORT 2021-2022

Coming Together Growing Together is a shared collaborative program between Eagle Heart Centre and SCEP CENTRE. The program is an initiative of the Ministry of Social Services and has a special focus on improving the communication and relationship between parents and their young children, helping the parents more effectively manage their child's behaviour. Since January 2012 Coming Together Growing Together (CTGT) has worked with or is currently working with a total of 62 families (80 children). Over the 2021-2022 year we worked with 13 children and often their siblings from 11 families, some with ongoing complex needs requiring intensive supports.

Referrals to the program typically come through the Ministry of Social Services, Child Protection Units. This includes families with preschool children who are experiencing numerous challenges and/or families at-risk for having their children placed into foster care, or in some cases their children have just returned to the parent's care. Referrals also come through SCEP's Regular Children's program or Head Start when a family has been identified as potentially benefitting from extra support. Typically an enrolment includes:

- a) a once weekly family play session in home,
- b) once weekly the child spends a morning or afternoon at SCEP or at Head Start &
- c) a meeting with the parent every second week.

Our initial task is to establish a relationship of trust with the family to ensure that intervention can be effective; we try to be continually aware and respectful of the parents' personal experiences and histories. We continue to offer as much flexibility as possible in scheduling and support. We often do "drop-ins" to the home in an attempt to confirm appointments or to do some follow-up, and are in frequent contact via texting or by phone.

We encourage a positive relationship and communication between parent and child and engagement in fun family activities to further the development of the children. The enrollment often also includes assistance with initiating and transportation to various child health appointments such as doctor and dental appointments, hearing screens, speech language services, and application to preschool spaces. We have assisted in referring children to Child and Youth Services and work with the social worker and psychologist to share information and case coordination, fill in behaviour checklists etc. We've supported school transition activities, school meetings and transportation to school. We often respond to parent requests for assistance with picking up their food bank orders, applying for housing, and household needs such as beds, clothing or toiletries.

The Coming Together Growing Together program offers a valuable, unique service assisting some of the most challenged families in supporting and helping them to strengthen the relationship between parent and child and the relationship to the community. We have had good feedback from parents. We look forward to continuing work with the families already on our caseload and to working with new families in the future.

Submitted by:

Janice Benwell, B.S.W.; R.S.W.

SCEP CENTRE Coming Together Growing Together Staff

SCEP CENTRE *SUMMER FRIENDS* 2022 REPORT

SCEP CENTRE's *Summer Friends* program ran from May 3 to August 19, 2022. It was housed at the Regina Early Learning Centre and was a great success. Four staff members were hired for the summer program and were trained in how to use basic SCEP methods and safety procedures. The summer staff consisted of two new staff: **Jewelina Crowe-Buffalo** and **Day Zwack**, one returning staff: **Chloe McEachern** and one SCEP professional staff member: **Amanda Caskanette**. **Tracy Exner** coordinated and trained the summer staff. SCEP's senior staff shared the management and supervision of the summer program on a rotating basis throughout the summer. 20 children attended. The total number of child individual half-day sessions offered was 258. The hours of service to the children was 645.

The children participated in many fun excursions in the community and also made use of the beautiful yard at the Regina Early Learning Centre. They also had fun with the activities the summer staff so creatively planned for them! These excursions and activities included:

- Playing in the small pool in the yard (water blasters and water balloons included);
- Making tie-dye t-shirts;
- Exploring nature and creating artwork with items found on a nature walk;
- Visiting the museum;
- Visiting the Imax theatre;
- Indoor activities including culturally-appropriate content and sensory needs; &
- Speech and Language Therapy and Music Therapy sessions.

Attendance for each child was arranged in consultation with each of the children's families. Transportation was provided. During July and August, summer staff maintained close, daily contact with SCEP's senior program staff supervisor on call. Daily anecdotal records were kept for each child. Weekly staff meetings were held with the senior staff member on call to continue learning about the children, continue training as necessary and to discuss the next week's activities.

Summer Friends 2022 was a positive experience for all the participating children. They all appeared to enjoy their time at the program in the company of trusted adults. The families conveyed that they were glad for the respite from the demands of caring for their children and happy that they could enjoy the fun summer activities. For the families and children, SCEP's *Summer Friends* provided an important link to SCEP's regular program and services, and provided continuity over the summer months which can be stressful for some of the families.

The summer program workers had meaningful summer employment. They also benefited from the apprenticeship training and supervision offered by the senior SCEP staff over the summer months.

A very special, HUGE **THANK YOU** to our friends at the **Regina Early Learning Centre** for allowing us to use their facilities to house our summer program. The children and staff enjoyed the beautiful park-like yard and well-appointed preschool classroom!

We would also like to thank the following for their financial support of the program:

Community Initiatives Fund

Human Resources and Skills Development Canada (HRSDC)

Saskatchewan Lotteries

The Lorne and Evelyn Johnson Foundation – South Saskatchewan Community Foundation

Summer program fees were paid on behalf of the children by:

Canada Life Reinsurance

Jordan's Principle

Ministry of Social Services

Ministry of Social Services - Meadow Lake, SK

Touchwood Hills Tribal Council

Thank you to the following businesses who donated to the summer program:

Giant Tiger

Houston Pizza

REAL - Queen City Ex

Saskatchewan Science Centre – IMAX

Sherwood Co-op

Prepared by:

Shauna Forbes, B.A. (Hons); B.S.W.; R.S.W.

Executive Director

SCEP CENTRE



Human Resources and
Social Development Canada

Ressources humaines et
Développement social Canada



Community
Initiatives
Fund



THE LORNE AND EVELYN JOHNSON FOUNDATION

ACKNOWLEDGMENTS 2021-2022 – WITH THANKS

The Board of Directors of SCEP CENTRE Society (Regina)

Organizations Providing Grants:

- Ministry of Social Services
- United Way Regina
- City of Regina
- Community Initiatives Fund (CIF) for a special project addressing *Transition Planning for Complex Needs*
- South Saskatchewan Community Foundation
- Regina Education and Action on Child Hunger (REACH)

Organizations Providing Funds for Enrollment Fees:

- Ministry of Social Services – Regina and Meadow Lake
- Jordan's Principle
- Touchwood Child and Family Services
- SCEP CENTRE General Scholarship Fund – funded through past years of the Brighter Futures for Children fundraiser
- **Drs. Elisabeth and Lewis Brandt Trust Fund:** an annual contribution for scholarships. The trust fund is administered by the South Saskatchewan Community Foundation.



Donations from Individuals and/or Organizations:

For the 2021/2022 year, SCEP received the following donations from individuals/organizations:

- Affinity Credit Union
- Albert and Kathy Molnar
- Alexis Cuthbert
- Andrea Morphy
- Bob and Jean Juby
- Carol Gardner
- Casino Regina
- Emily Armer
- Fairlee Langford
- Father Burns Council Knight of Columbus
- Floors by Design
- Frank Dornstauder
- Gail Headington-Mitchell
- Halter Media
- Heather Switzer
- Jim and Trina Fallows
- Kathy Sutherland
- Leon and Edith Friesen
- Lesley Smith (in memory of Dr. Kay Moffitt)
- Marja Hordern
- Michaela Perron
- Michel Klewchuk
- Miriam Handel (in memory of Dr. Kay Moffitt)
- Nathalie Berard
- Parallel 49 Brewing Company
- Patricia Clark
- Sandy Wallace
- Saskatchewan Blue Cross
- Saskatchewan Science Centre
- Vic Huard
- Western Surety

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Designated Donations/Grants:

- Canada Life Reinsurance
- Smart and Caring Fund – South Saskatchewan Community Foundation

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Regina Public School Board for providing SCEP with housing at the Allan Blakeney Adult Campus.

Tracy Archer and Knight Archer Insurance – for their continued support and for proceeds from their annual charity golf tournament.

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